News You Can USE: Dr. Migdalisel Colon-Berlingeri has taken on a new role as Director of the Early Clinical Experience. Dr. Colon-Berlingeri, an Assistant Professor of Physiology, brings with her significant experience and expertise in curriculum development, curriculum implementation, outcomes assessment and research. She has been an essential leader in the organization of our multiple choice assessment enterprise. She has taught in multiple components of our educational program, and designed many of the learning cases for the Early Clinical Experience’s small group teaching. She is a much sought-after teacher and colleague. We are so fortunate to have her taking up the reins on our ECE. Please welcome her to her new role!

Kudos: Dr. William Wonderlin is making a transition, and helping in our Early Clinical Experience leadership transition as well. Dr. Wonderlin directed the inaugural ECE, and brought intellectual rigor and deft organization to its complex planning and implementation. His steady guidance (and Google Docs wizardry!) was critical and his basic science educator talents shone brightly throughout our successful launch of the Shared Discovery Curriculum. Dr. Wonderlin is working with Dr. Colon-Berlingeri to accomplish a smooth and seamless hand-off. Sincere kudos and many thanks to Dr. Wonderlin for all his amazing efforts past, present and future.

Curriculum Process and Progress: The office of Academic Affairs continues to investigate good resources for the USMLE Step 1 and Step 2 Clinical Knowledge and Clinical Skills examinations, as well as NBME subject exams. With the help of our library liaison Iris Kovar-Gough, we review potential books and programs offered by vendors for this purpose. Watch for updates on the library’s Medical Bboard Exam Prep Website and in the Google Drive folder that your community administrator will share with you!

Academic Affairs Person You Should Know: Kathy Assiff is the Community Administrator for the Flint Campus. She was born and raised in Lansing, Michigan. In 1980, she received her B.S. from MSU in Social Science Multidisciplinary which allowed her to explore different areas: psychology, anthropology, philosophy, history, mathematics, and physics. In 1981, Kathy started working for MSU and in 1989 she received her Master’s degree from MSU in College and University Administration with a Student Affairs Emphasis.

In 1988 she was hired as an Assistant Director in the Office of Financial Aid, assuming responsibility for coordinating the financial aid for students from CHM, COM, CVM and the School of Nursing. She served on several national and regional committees with the AAMC and attended numerous AAMC conferences. At that time, the national AAMC conferences rotated every other year in Washington, DC and during these “road trips”, she had the pleasure of listening to the Community Administrator stories about working with medical students in a community setting. The stories persuaded her that this was her dream job and in 1998, the position opened up on the Flint Campus and she was thrilled to be hired. She vividly remembers the day that she arrived at Hurley Medical Center for the job interview. Ivy covered the brick exterior around the entrance and as she walked through the door, she heard medical residents
and attending physicians conversing in several different languages and between that and the ivy
covered halls, she felt like she had come home.

Kathy loves working with students and loves working in Flint. It is the diversity, the resiliency,
and the “can do” attitude that makes Flint an exceptional place to work. When asked what she
believes is the best part of the Flint Campus, Kathy always says “the students who come here to
train. They want to be involved in the community in ways that extend
beyond just receiving their education here.”

Kathy’s office is known as the hug zone because hugs are
sometimes the best medicine. Many years ago, graduating students
gave her an official “Hug Zone” plaque which she proudly displays
on her door. 5 years ago, she made CHM her beneficiary and
created an endowed scholarship because “the students are my
kids”. Scholarships are critical and help reduce the debts of the
students. She is the longest standing member of the scholarship
committee having begun in 1988. A common thread throughout her
life has been helping people to achieve their dreams and she has
found the perfect place to do that.

**Continuous Quality Improvement:** This month’s CQI focus is on:

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<th>ISSUE</th>
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<td>Fourth Year schedule planning</td>
<td>Fourth year students find that they need increasing flexibility to schedule an adequate number of residency interviews and away rotations.</td>
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**Tip for Students:** More and more students (and faculty) are wishing to travel overseas for
learning and performing service. Michigan State University provides valuable services to its
constituents who travel for research, service, teaching, and learning. These services include
evacuation insurance, as well as a travel registry, so that the University knows when any of its
members might be in an area of concern or danger. Before you plan your next trip, TRAVEL to
the [Study Abroad Website](http://www.studyabroad.msu.edu). Here, you will find a wealth of ideas for programs, as well as the
resources available to you. Jonelle Golding in the office of Academic Affairs can also help you
navigate the process of setting up international experiences. Contact her at
[Jonelle.Golding@hc.msu.edu](mailto:Jonelle.Golding@hc.msu.edu).

**Wellness Tip:** May’s Wellness Theme is HEALTHY SLEEP! We all know that adequate and
regular sleep helps us to recall information and helps with energy, concentration and mood for
the day ahead. But the next time you feel pressed to stay up those extra hours to prep for a high
stakes assessment, consider the following: Two parts of our nightly sleep cycle help you to
remember many of the complex facts that you have spent the day studying. Researchers
have studied how our nightly REM sleep and our slow-wave sleep (SWS) help with the retention
of factual information. So, after a long day of studying, SLEEP ON IT! (Sleep, Learning, and
Memory)
**Patient Care Pearl:** Many of us are really happy that we are headed into summer. So, possibly, are certain infectious agents that like to manifest themselves through bothering people in the summer. Watch out for the enteroviruses, which cause things like hand, foot, and mouth disease. This illness manifests with mucosal ulcerations in the mouth, as well as interdigital lesions on hands and feet, and is most commonly caused by Coxsackie A16 (an enterovirus). Know that Lyme disease results from a spirochete *Borrelia burgdorferi*, carried by the deer tick. Look for the rash with serpiginous borders and central clearing that appears as the first indication of infection.

**Presentations and Publications:**

**Posters**

- **Conducting psychological research in hospital-based clinical settings: Successes, challenges, and future directions**

- **Developing a Student Competence Committee for Grade and Promotion Decisions**

- **Implementing a Virtuous Professional Curriculum in a Practical Way During Clinical Education**

- **Medical Education Management: Finally a Description Worthy of the Position**

- **Using Learning Communities to Teach Necessary Science to Medical Students**

**Presentations**

- **Changes in psychotropic medications after Roux-en-Y gastric bypass or sleeve gastrectomy**

- **High-volume bariatric surgery centers: Challenges and successes. In J. A. Corsica (Chair), The importance of cognitive and behavioral factors in the assessment and treatment of bariatric surgery patients: How can we improve?**

- **Is this Where it All Ends? Career Progression for the Clerkship Administrator**

- **Management Commitment to Safety, Teamwork, and Hospital Worker Injuries**
Presentations continued

- **Medication Assisted Therapy for Drug Court**

- **Mental Disorders and Drug-abuse among Iraqis (Chaldean and Arab-Muslim) in Michigan**

- **New Administrators: Tips and Tricks for Success**

- **Probationary History and Failure to Follow Career Counseling as Risk Factors for Entry into the Supplemental Offer Acceptance Program**

- **The Specialty Seminar Series: An Innovative Introduction to the Medical Specialties with Experiential Learning Components for First Year Medical Students**
  Wilbanks D, Phillips JP. Association of American Medical Colleges Central Group on Student Affairs Regional Meeting. Rochester, MN. April 2017.

- **Use of Symptom Management Toolkit in Patients taking Oral Oncolytic Agents**
  Vachon E, Given BA, Given CW. Midwest Nursing Research Society Conference. Minneapolis, MN. April 2017.

Publications

- **American Association of Clinical Endocrinologists and American College of Endocrinology Position Statement on Patient Access to Necessary and Appropriate Medical Care**

- **Building Better Humans? Refocusing the Debate on Transhumanism**

- **Correlates of Patient Intent and Preference on Colorectal Cancer Screening**

- **Electronic medical records, medical students, and ambulatory family physicians: A multi-institution study**

- **Enabling Donation after Cardiac Death in the Emergency Department: Overcoming Clinical, Legal, and Ethical Concerns**

- **Is there a right not to know?**

- **Just Caring: Precision Medicine, Cancer Biomarkers and Ethical Ambiguity**
Publications continued

- **Mental health and behavioral weight loss: 24-month outcomes in Veterans**

- **A National Survey on the Effect of the Geriatric Academic Career Award in Advancing Academic Geriatric Medicine**

- **The Opioid Epidemic: Michigan Doctors Seeking Solution**

- **Preparing Family Physicians to Care for Underserved Populations: A Historical Perspective**

- **Reframing human enhancement: a population health perspective**

- **Regulator of Cell Cycle (RGCC) Expression During the Progression of Alzheimer's Disease**

- **The relationship between students’ probationary history, failure to follow career counseling and entry into the Supplemental Offer Acceptance Program (SOAP): A comparison between two medical schools**

- **Rural Patient Preference for Physician Attire**
  Vandecar W, Starostanko A, Wendling AL. Peer-Reviewed Reports in Medical Education Research (PRiMER) 2017; Published 2/8/2017. Citation: 10.22454/PRiMER.2017.1.3.

- **Sex differences in obesity-associated vascular/perivascular remodeling and adipokine production in obese patients undergoing Roux-en-Y bariatric surgery**

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Did you publish or present recently? Send your citation to CHM.AcademicAffairs@hc.msu.edu, and we will list your accomplishments in the next edition of the Academic Affairs Monday Monthly!

An archive of Academic Affairs Monday Monthly newsletters can be found here.